ABOUT THESE WALKS

These walks have been designed to allow those wishing to explore Cannock Chase Area of Outstanding Natural Beauty to do so without the need for extensive equipment or vast walking experience. The walks are all selfnavigational – which means it should be possible to accomplish them by simply following the instructions alone.

However the following points should be noted before commencing any of the walks.

- The walks often follow the routes of existing major footpaths to save on additional signage.
- Walks proceed along well-used routes; hence it should not be necessary to cross into areas that are densely overgrown.
- You'll need stout shoes or boots and a waterproof coat in case the weather turns.
- Follow any warning signs you see as ignoring them could endanger you and your party.
- Respect the wildlife on the Chase and in particular do not approach any snakes you may possibly come across.

Follow the countryside code in general.

The Countryside Code Respect • Protect • Enjoy

Respect other people

- Consider the local community and other people enjoying the outdoors.
- Leave gates and property as you find them and follow paths unless wider access is available.

Protect the natural environment

- Leave no trace of your visit and take your litter home.
- Keep dogs under effective control

Enjoy the outdoors

- Plan ahead and be prepared.
- Follow advice and local signs

(In partnership with the Cannock Chase AONB and the Ramblers).

FURTHER INFORMATION ABOUT THE WALK PARTNERS CAN BE FOUND AT www.ramblers.org.uk www.cannockchaseaonb.org.uk

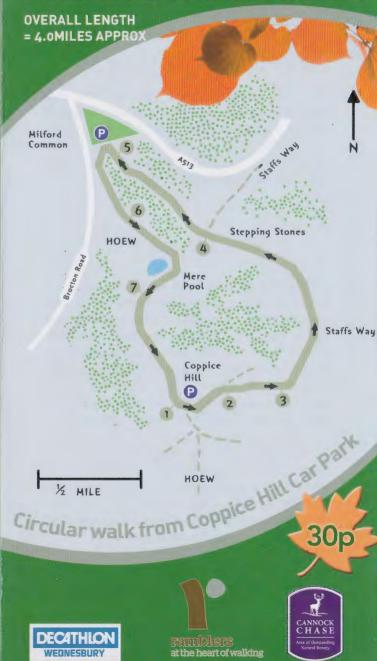
Why not discover Decathlon in Wednesbury just 5 mins from junction 9 of the M6, near lkea. We have equipment for over 70 different sports with an aim to make the pleasure and benefits of sport accessible to all. Our team of passionate sports enthusiasts will be more than happy to help you discover the biggest range of sporting goods in the West Midlands! Proudly supporting Cannock Chase AONB.

Cannock Chase was designated as an AONB in 1958 because of its beautiful landscape, its wildlife and its history. AONBs are some of our

inest countryside and, as part of a amily of 46 in England, Wales and lorthem Ireland the Chase is importan both locally and nationally. At 6800ha, i s the smallest mainland AONB and is nuch cherished and visited by loca beople.



WALKING ON CANNOCK CHASE Cannock Chase AONB -Ramblers Walks - Walk 4



Walk Outline

This walk leaves Coppice Hill Car Park and descends steeply into the Sherbrook Valley, to pick up the Staffordshire Way. The route then is via a climb to Milford Common back to the Coppice Hill Car Park by way of Mere Pool using the Heart of England Way.

Walk Description

1. From the car park itself, walk back along the tarmac road to make a turn to the left to pick up the Heart of England Way (HOEW) and follow this path (ignoring the first track that joins it from the left) until a second broader track from the left is reached. This track swings away from the HOEW and continues on giving open views of the Sherbrook Valley (and on a clear day Pye Green) to the right hand side.

2. A track from the left emerges almost immediately, but ignore this and walk on to the trees where another track cuts across from right to left. Turn right down this track and follow the winding but quite wide path that descends gently to the valley floor. 3. Upon reaching the main path along the valley (Staffordshire Way), turn left and follow this until arriving at another path crossing from left to right that leads down to a ford/stepping stones. Continue straight on still on the Staffs Way and proceed along the wide path to the junction of paths ahead (signpost points to Milford directly ahead).

4. At this junction follow the signpost to Milford climbing directly up the steep path ahead and emerging at a small copse from where the path continues bearing left with other paths joining from left and right. Continue on this broad path as it descends quite steeply before swinging left to emerge by a pool on the left. Bear right here and join the track before continuing down through the trees along the HOEW to reach the car park at Milford Common. (Toilets available near fish and chip shop opposite).

5. To continue the walk take the path next to the Ticket Machine in the car park and climb through the trees to meet a wider track that swings to the left. Turn left onto this track and ignoring the turns towards the Sister Dora Nursing Home. Keep left past a pool on the left, looking for a small path branching left (Signposted HOEW). 6. Follow this as it broadens out and at the next junction of paths turn left to pass by a black and yellow barrier rail up a path passing between two high banks. This straight path leads to another junction by a pool on the right and here it is necessary to proceed straight on (following the HOEW signs), keeping the pool on the right.

7. Continue along this path as it gradually ascends, giving clear views off the Chase, ignoring any joining paths, until it emerges on the tarmac road leading to the Coppice Hill car park to turn left and complete the walk.